

**bealtainefestival**  
celebrating creativity in older age

**Féile na Bealtaine Gaillimh 2019**  
**Galway Bealtaine Festival 2019**



## Fáilte go Bealtaine!

Beidh féile na Bealtaine ar siúl ar feadh mhí na Bealtaine agus ceiliúrfar an chruthaitheacht i measc daoine scothaosta!

Glacann na mílte duine scothaosta páirt i bhféile na Bealtaine anois. Ó dhamhsa go scannáin, péinteáil go drámaíocht, léiríonn Bealtaine tallanna agus cruthaitheacht ealaíontóirí scothaosta céaduaire agus gairmiúla.

Gach bliain, tugann Aostacht agus Deiseanna (Age & Opportunity) cuireadh d'údaráis áitiúla, ionaid ealaíon, leabharlanna, grúpaí gníomhaíochta lucht scoir, ionaid chúraim, grúpaí agus cumainn phobail, agus cumainn ó gach cearn den tír imeachtaí Bhealtaine a reáchtáil a cheiliúránn an chruthaitheacht i measc daoine scothaosta.

I mbliana, tá Comhairle Chathar na Gaillimhe / Comhairle Contae na Gaillimhe tar éis Bróisiúr Bhealtaine do Chathair agus do Chontae na Gaillimhe a chur ar fáil chun feasacht a léiriú agus a chruthú ar na himeachtaí iontacha go léir a bheidh ar siúl ar fud na Gaillimhe. Tá súil againn go mbainfidh tú taitneamh as na gníomhaíochtaí go léir a bheidh ar siúl i nGaillimh an Bhealtaine seo.

***Aonad um Chuimsiú Sóisialta,  
Comhairle Chontae na Gaillimhe***



## Welcome to Bealtaine!

The month of May belongs to the Bealtaine festival, celebrating creativity in older age!

Thousands of older people now take part in the Bealtaine festival. From dance to cinema, painting to theatre, Bealtaine showcases the talents and creativity of both first-time and professional older artists.

Each year, Age and Opportunity invites local authorities, arts centres, libraries, active retirement groups, care settings, community groups and clubs, associations from every part of the country to run Bealtaine events that celebrate creativity in older age.

This year Galway County Council has produced an event listing to highlight and create awareness of just some of the many wonderful events taking place throughout Galway. We hope you enjoy all the wonderful activities taking place across Galway this May.


***Social Inclusion Unit,  
Galway County Council***





## Ahascragh

### Evening of Song and Storytelling



Ahascragh singing circle will join with local story-tellers for an evening of songs and stories, in association with Ahascragh Development Association.

Location: Daly's Pub

Date & Time: 4<sup>th</sup> May at 9 p.m.

For more information on this event, please contact: Margaret Smyth on 087 7862194 or via social media (Facebook or Instagram)

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## Ardrahan

### Meet Your Neighbours

Local residents will come together in the square to experience art, craft demos and music by local musicians. Special Olympics medallist, Matthew Brennan, will also be in attendance.

Location: The Square, Ardrahan

Date & Time: 4<sup>th</sup> May from 10 a.m. to 2 p.m.

Contact: Sandra King on 085 1430650 or email [irishfibrecrafters@gmail.com](mailto:irishfibrecrafters@gmail.com)



## Coole Park Walk and Talk

Come and enjoy a walk in Coole Park with the **Ardrahan Activity and Social Group**. This event will include a walk and talk, time for refreshments and a dusk chorus.



Location: Coole Park, Gort

Date & Time: 12<sup>th</sup> May starting at 2.30 p.m.

For more information on this event, please contact: Mary Howley on 087 9812543 or email [maryhowley101@hotmail.com](mailto:maryhowley101@hotmail.com)

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## Athenry

### Burren Walk and Talk

This May, the **Athenry Active Retirement Association** will have a Burren Walk and Talk with guide Ann Ryan, who will lead the group through the wild flowers of the Burren and visit Geosite Poul nabrone.

Location: Burren, Co. Clare, meeting in Ballyvaughan

Date & Time: 18<sup>th</sup> May at 10.30 a.m.

For more information on this event, please contact:  
Ann Ryan on 087 7079714 or email [anneryan404@gmail.com](mailto:anneryan404@gmail.com)



## Athenry Agricultural Show

A family fun day out with face painting, fancy dress, bake-off, art competitions, horses, ponies, sheep, dog show along with much more.

Location: Teagasc Mellows Campus, Athenry

Date & Time: 26<sup>th</sup> May from 10 a.m. to 6 p.m.

Contact: Claire Rooney on 086 0848372 or email [clairesomers@live.ie](mailto:clairesomers@live.ie)

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## Ballinakil

### Ballinakil Active Age Club – Remanence, Song and Poetry Event

Story telling will take place about events and happenings in the lives of the local senior citizens along with a poetry and song recital. Tea and coffee will be served.

Location: Ellis Hall, Letterfrack

Date & Time: 10<sup>th</sup> May from 2.30 p.m. to 4 p.m.

For more information on this event, please contact:  
Martina Gavin on 087 9633970 or email [m.gavin@forumconnemara.ie](mailto:m.gavin@forumconnemara.ie)



## Ballinasloe

### Poetry Reading



**Ballinasloe Social Services** are holding a session on poems that people learned at school and the recital will include poetry from a local poet.

Location: Day Care Centre, Ballinasloe Social Services, Brackernagh, Ballinasloe

Date & Time: 13<sup>th</sup> May at 2 p.m.

Contact: Teresa Coughlan on 087 7639881 or email

[teresa@ballinasloesocialservices.ie](mailto:teresa@ballinasloesocialservices.ie)

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### Connecting the Dots Exhibition

Visit this public exhibition brought to you by **Ballinasloe Active Retirement Association** and the **Galway Music Residency**, which will celebrate the output of an intergenerational, multi-ethnic project connecting primary school children with older generations through sound, music and art. This exhibition will include art work, a short film documentary and post show discussion along with a performance from ConTempo Quartet

Location: Ballinasloe Library

Date: 16<sup>th</sup> – 30<sup>th</sup> May

Contact: 091 586706 or visit [www.thegalwaymusicresidency.ie](http://www.thegalwaymusicresidency.ie)



**Bhearna**

**Taispeántas Pastime Chonamara 2019**

Taispeántas Sean Ghriangrafanna agus Ceardaíochta

Suíomh: Sráid Bhaile Bhearna

Dáta: 19ú Bealtaine

Le haghaidh tuilleadh eolais faoin imeacht seo, déan teagmháil le:  
Pastime Chonamara 091 593311 nó

[pastimechonamara@hotmail.com](mailto:pastimechonamara@hotmail.com)







## Clifden

### Integrational Day

**St. Joseph's Court Residents** will entertain pupils with displays of spinning, basket making, knitting, crochet and papercraft. In the afternoon, the children will reciprocate by putting on a concert for residents and their families.

Location: Scoil Mhuire Clifden

Date & Time: 15<sup>th</sup> May from 11 a.m. to 1 p.m.

Contact: Maureen Batley on 095 30951 or 086 3867677 between 9 a.m. and 1 p.m.

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### Indoor Olympics

**St. Joseph's Court Residents** and friends from the **Elm Tree Centre, Ability West** and Transition Year students will enjoy a morning of board and floor games. Refreshments provided. All welcome and everyone is a winner!

Location: St. Joseph's Court Communal Room

Date & Time: 22<sup>nd</sup> May from 11 a.m. to 1 p.m.

Contact: Maureen Batley on 095 30951 or 086 3867677 between 9 a.m. and 1 p.m.





## Clifden

### Wellbeing Day

**St. Joseph's Court Residents** and friends from other local groups enjoy an afternoon of gentle pampering including manicures and pedicures, facials, foot spas and gentle massage.

Location: St. Joseph's Court Communal Room

Date & Time: 29<sup>th</sup> May from 2 p.m. to 4 p.m.

Contact: Maureen Batley on 095 30951 or 086 3867677 between 9 a.m. and 1 p.m.

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## Creggs

### Stair agus Oidhreacht na Greagas

**Kilbegnet/Creggs Historical Society** are holding a historical cultural night to discuss the new heritage audit of Creggs and District

Location: Creggs Heritage Centre

Date: 4<sup>th</sup> May

For more information on this event, please contact:  
Creggs Heritage Centre, Larry on 086 3468761 or Sean on 087 2558038 or email [beirnesheila@yahoo.ie](mailto:beirnesheila@yahoo.ie)



## Dunmore

### **Crafternoon Tea**

This May, the **North-East Galway Development Company Ltd.** are having an afternoon tea with knitting and crochet with plenty of chat 

Location: Seomra Eile, High Street, Dunmore

Date & Time: 5<sup>th</sup> May from 3 p.m. to 5 p.m.

Contact: Sally McElhinney on 087 2638753 or email [salmce@live.com](mailto:salmce@live.com)

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## Eyrecourt

### **Eyrecourt-Meelick-Clonfert Art Exhibition**

14 local artists will display their art that they have produced through partaking in their local art class

Location: Social Service Centre, The Square, Eyrecourt

Date: 11<sup>th</sup> May

### **Eyrecourt-Meelick-Clonfert Musical Evening**

An evening of music and dance performed by local musicians and dancers

Location: Social Service Centre, The Square, Eyrecourt


Date: 31<sup>st</sup> May

For further information on any of these events, please contact: Mary Madden on 087 6470138 or email [marymadden087@gmail.com](mailto:marymadden087@gmail.com)



## Gort

### Go For Life Games Come and Try Session



**Galway Sports Partnership** will hold a demonstration of four different games designed to help older adults to be more active, more often! The games are suited for all abilities and can be done seated or standing.

Location: Gort Community Centre

Date & Time: 13<sup>th</sup> May from 12 noon until 1 p.m.

Contact: Katie Codyre on 087 1642463 or email [csdo@galwaycoco.ie](mailto:csdo@galwaycoco.ie)

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### The Hidden Gem at The Harvest Studios Brothers of Charity

An event to celebrate Bealtaine and part of the Big Hello, the community of Gort is inviting all our multi-cultural neighbours and friends to have a get together filled with fun, music and dance.

Location: Bolands Lane, Gort

Date & Time: 10<sup>th</sup> May from 1 p.m. to 3 p.m.

For more information on this event, please contact: Teresa Mannion on 091 630547 or email [teresa.mannion@bocsi.ie](mailto:teresa.mannion@bocsi.ie)



## Headford

### Headford Street Feast

Hosted by Headford Cottage Market and Community of Headford, the Headford Street Feast is an opportunity for the people of Headford and surrounds to get together for a community meal. If you have a signature dish or come from another country and want to share your traditional recipes, we would love you to share them with us. There may even be a bit of music on the day. Everyone is welcome with or without food!

Location: St George's Square, Headford

Date & Time: 4<sup>th</sup> May from 1 p.m.

Contact: Margaret Sheehan on 087 6708123 or email

[magslsheehan@hotmail.com](mailto:magslsheehan@hotmail.com)

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### Comhaltas Ceolteoiri na Gaillimhe

Over 1,500 competitors taking part in a celebration of our Irish culture, music, song, dance and Irish language. There will be sesions organised around Headford all weekend.

Location: Presentation College

Date: 17<sup>th</sup> – 19<sup>th</sup> May

For more information on this event, please contact: Peadar Brick on 086 6064267 or visit [www.galwaycomhaltas.ie](http://www.galwaycomhaltas.ie)



## Kilkererin/Barnaderg

### **Our Irish Women Exhibition and Final Resting Places in Kilkererin Information Evening**

We will host Our Irish Women Exhibition featuring one of our local women, Nora Williams and also celebrate the lives of other local women in our community along with hosting an information gathering evening of our three graveyards.

Location: Barnaderg Community Centre

Date & Time: 4<sup>th</sup> May from 6 p.m. to 10 p.m. and 5<sup>th</sup> May for an hour after Mass

Contact: Bernadette Forde on 087 7918889 or email [forde.ber@gmail.com](mailto:forde.ber@gmail.com) or Eileen O' Connell on 087 6320183 or email [oconnelleileen5@yahoo.com](mailto:oconnelleileen5@yahoo.com)

**Information  
Evening**



## Monivea

### Monivea Celebrating Hospitality with Arts, Crafts, Old Curies, Remedies, Old Sayings and Welcoming Songs.

Young and old involved with **Monivea Active Age Group** will celebrate and showcase their creativity and talents of arts and crafts. The event will be opened with a rendition of welcoming songs from long ago. This year Monivea's festival will look at the role of memories, hosting information and generously sharing old curies, remedies, songs and sayings which have been handed down over the many years combined by all involved with Monivea Community Alert Active Age.

Location: Fr. Sammon Centre

Date & Time: 24<sup>th</sup> May from 11 a.m. to 1 p.m.

For more information on this event, please contact: Gerard Costello on 087 2857741 or email [gerardcostello3@eircom.net](mailto:gerardcostello3@eircom.net)





## Mountbellew

### **Mountbellew and District Active Retirement Association's Food Waste Prevention Workshop**

Workshop will cover issues such as food waste, common food issues, meal planning, shopping tips, food storage as well as home composting and will be followed by refreshments and a variety of exercises for all.

Location: Mountbellew Community Centre

Date & Time: 14<sup>th</sup> May at 11 a.m.

Contact: Ann Donnellan on 086 0614363 or email [adonnellan@hotmail.com](mailto:adonnellan@hotmail.com)

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## Oranmore

### **Amhrán Mór - an Intergenerational Choir Performance**

A community choir and band of young & old under the guidance of Ronan De Burca, conductor & music therapist will be performing their first concert at this year's Oranmore Arts Festival.

Location: Calasactius College, Oranmore

Date & Time: 18<sup>th</sup> May at 4p.m.

Contact: Olywn Trainor on 086 2436448 or email [amhranmor@gmail.com](mailto:amhranmor@gmail.com)





## Oranmore

### Active in Age Oranmore After Lunch Sing-along

After lunch sing-along with music accompaniments by Nessa Flaherty. Lunch served at 1 p.m. with music and sing-along from 2.30 p.m. to 3.30 p.m.

Booking essential with Lily on 087 6184022 or Kathy on 087 2944662

Cost: €6

Location: Tearmann Mhuire (Parish Centre) beside Oranmore Church

Date & Time: 10<sup>th</sup> May from 1 p.m. to 3.30 p.m.

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### Clowning Workshop

In association with **Active in Age Oranmore** and facilitated by Amadan Theatrical Production, Belfast, this workshop will be included in the Oranmore Arts Festival weekend programme of events.

Booking essential with Lily on 087 6184022

Cost: €10

Location: Blue Room, Respond Housing Association

Date & Time: 11<sup>th</sup> May from 10 a.m. to 2 p.m.





## Oranmore

### Half Day Qi Gong / Tai Chi Exercise and Meditation

#### Retreat to Esker Monastery

This treat by **Active in Age Oranmore** will involve some early and mid-morning exercises and meditation, a walk around the grounds and lunch with tea/coffee provided.

Booking essential with Lily on 087 6184022

Cost: €35 per person

Date & Time: 11<sup>th</sup> May from 10 a.m. to 2 p.m.

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### Art Exhibition & Decoupage Craft Display

This craft display and art exhibition is to coincide with the Oranmore Arts Festival

Location: Armoriga Restaurant, Main Street, Oranmore

Date: 17<sup>th</sup> – 19<sup>th</sup> May

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### Active in Age Oranmore Art/Song Workshop

A workshop combining art-making and music-making for adults.

Booking essential with Kathy on 087 2944662

Cost: €20

Location: Toodlelou Creativity Lab, Bog Road, Oranmore

Date & Time: 22<sup>nd</sup> May from 10 a.m. to 12 noon

For more information on these events, phone: Lily Considine on 087 6184022 or email [activeinageoranmore@gmail.com](mailto:activeinageoranmore@gmail.com)





## Oughterard

### Be Our Guest! By the uachtarARTS Groups

The uachtarARTS Group are inviting Active Retirement Oughterard and senior members of the local and surrounding area to join them for a morning of painting, music, stories and fun plus light refreshments

Location: The Courthouse, Main Street, Oughterard

Date & Time: 14<sup>th</sup> May from 11 a.m. to 12.30 p.m.

Contact: Olga Magliocco on 087 2380754 or email [uachtararts@gmail.com](mailto:uachtararts@gmail.com)

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## Tuam

### Tuam Óg Nature and Bee-Friendly Festival

Tuam Tidy Towns presents Tuam Óg Children's Nature and Bee-Friendly Festival that is specially designed for children, however, all are welcome to attend with lots of fun filled activities planned over the 2 days such as children's workshops, treasure hunt, wildlife displays, art & craft, storytelling and ending with a parade from The Miller's House via Shop Street for a wonderful spectacular on The Square on Sunday 12<sup>th</sup> May at 4.15 p.m.

Booking for children's workshops is essential.  
Contact Patricia on 086 8931319 or Julie on 085 1227724.

Location: The Miller House & Palace Grounds

Date & Time: 11<sup>th</sup> & 12<sup>th</sup> May



## Galway Older Persons Council

The Galway Older Persons Council includes representatives from organisations throughout Galway City and County. Our aim is to represent the collective views of Galway senior citizens and to influence and inform policy and planning countywide.

For more information, see [www.agefriendlyireland.ie](http://www.agefriendlyireland.ie) or to get involved contact Linda Potter on 091 509160 or email [agefriendly@galwaycoco.ie](mailto:agefriendly@galwaycoco.ie)

## Comhairle na Gaillimhe do Dhaoine Níos Sine

Tá Comhairle na Gaillimhe do Dhaoine Níos Sine comhdhéanta d'ionadaithe ó eagraíochtaí ar fud Chathair agus Chontae na Gaillimhe. An aidhm atá again ná ionadaíocht a dhéanamh ar thuirimí sheanóirí na Gaillimhe, a bheidh mar fhaisnéis do bheartas agus pleanáil ar fud na tíre agus tionchar a imirt orthu.

Féach [www.agefriendlyireland.ie](http://www.agefriendlyireland.ie) chun tuilleadh eolais a fháil, nó déan teagmháil le d'ionadaí áitiúil le bheith rannpháirteach nó seol ríomhphost chuig Linda Potter ag 091 509160 nó [agefriendly@galwaycoco.ie](mailto:agefriendly@galwaycoco.ie)

